



Shriners Hospital
for Children

ALBAAR-METER

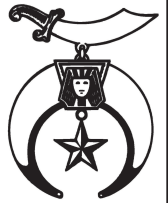
DESERT OF CALIFORNIA

•

OASIS OF SAN DIEGO

•

JUNE 2017



First Lady's Luncheon

Honoring

Jayne Parker

Saturday, June 3, 2017

DESERT OF CALIFORNIA • OASIS OF SAN DIEGO

Al Bahr Shrine

Chartered May 13, 1913

5440 Kearny Mesa Road

San Diego, California 92111-1393

Phone (858) 292-0092 • Fax (858) 292-5618

www.albahrshrine.org • office@albahrshrine.org

2017 Divan

Potentate	Larry Parker
Chief Rabban	Oscar Cañedo
Assistant Rabban	Gene Yee
High Priest & Prophet	Heath Forney
Oriental Guide	Rudy Nobleza
Treasurer	Mel Stein, PP
Recorder	John Harris
1 st Ceremonial Master	Michael Thibodeaux
2 nd Ceremonial Master	Anthony McLean
Director	Asmus "Peter" Krickhuhn
Marshal	Jay Mamuyac
Captain of the Guard	José De Luna
Outer Guard	Rizalino Constantino
Outer Guard	Christopher Gunn
Outer Guard	Saul Lopez Pacheco
Outer Guard	Robert "Bob" Salini
Chaplain	Abe Ravitch

Editorial Staff

Editor in Chief	Larry Parker Potentate
Editor	Phil Johnson philjohnson736@cox.net

PHOTOGRAPHER

Bryan Meyer	619.602.8253
-------------	--------------

SHRINE OFFICE HOURS

Monday - Friday 8:30 AM to 4:30 PM

OFFICE CLOSED
TUESDAY, JULY 4TH**Upcoming Shrine Center
Public Events**

June 11th	Stamps 4Less
June 19th	Canyon Quilters
June 21st	Tierra del Sol 4X4 Wheel Club

**Potentate's Message**
Larry Parker

Summer is a few days away. April and May tested our stamina, yet you all discharged your duties admirably, doing Al Bahr Shriners proud!!! We survived Western Shrine Association (WSA), although we once again, for the second year in a row, could not obtain the support for Al Bahr Clowns and Legion of Honor (LOH) we've enjoyed in the past. We will take our final step before Imperial Shriners in our Nobility's avowed dissociation from WSA. The final decision is in Imperial hands from which we have no appeal from this decision; however, this 2017 decision will be res judicata only for calendar year 2017, and the Nobility can revisit a subsequent WSA Issue for any subsequent year, if it is still their desire to do so.

A big thanks to Riz & Lourdes Constantino, the Islanders Shrine Club and all involved in the successful Potentates Brunch. It was a great turnout and wonderful opportunity to share the Shrine fellowship.

Dad's DAY will be celebrated June 18th; thanks, Dads; I'll toast you and smoke a cigar, or a eat a chocolate Mary See's cigar in your honor.

Our Spring Ceremonial in conjunction with the San Diego Scottish Rite Reunion took place May 19 – May 20 at the Scottish Rite Center. Our selection for the Spring 2017 Ceremony is Gene Gillard, whose attributes, services, and innumerable contributions were featured in the May edition of the AlBahroMeter. It's always acceptable for you to suggest an Al Bahr Shriner for the Fall Ceremony with a brief supporting statement why you deem him to be our pick. There are so MANY Al Bahr Shriners who, at a minimum, deserve consideration as well as selection. I need your help in bringing to my attention such meritorious achievements benefitting the Shrine and Shriners Hospitals for Children and our lovely kids. Those not selected from the final list will be the first turnover lists I will gladly give to the 2018 Potentate for his utilization for the next year of worthy recipients.

As time and tide wait for no man, Memorial Day was once again observed in solemnity at Al Bahr Shrine for those who have left our ranks, giving their all, and it was once again executed in "BZ/well done" fashion. Many thanks again to the Al Bahr Legion of Honor, especially Hank Marbott and Commander Christopher Gunn.

June 3rd kicks off our First Lady Jayne Parker's Luncheon and a splendid ceremony and turnout can be credited to Lady Sarah Cañedo and her superb committee's months of planning and effort, which I am informed is already in the planning stages for 2018. Nothing breeds success like success and this committee annually personifies that maxim. If you don't have a reservation yet, call the Al Bahr Shriners Office at (858) 292-0092. Philippine Independence Day will be celebrated on June 10th, and I have been informed tickets are already available. Contact the Scottish Rite at 619-293-4888.

I'll pass along briefly July dates of interest now, as one of our cost cutting measures in 2017 was to combine the July-August edition into the August AlBahroMeter issue, due to darkness of many Masonic bodies and vacation plans of families impacting attendance at events. We will have our 4th of July Coronado Parade with ALL members of the Divan present for the first time in years, due to a later start date for Imperial Shrine Session in Daytona Beach, Florida, 8-13 July. The Western Night/ No-Show Rodeo Dinner is scheduled for Saturday, July 29th, with western "grub", Country and Western Music, lasso contests or better for kids and grownups, perhaps a tin lizzie or two "mavericks" for the kids to ride, and the opportunity to incarcerate/bail out/and reincarcerate some people in our Director's Staff Hoosgow; don't get mad, get even, and cough up a few bucks to benefit our Al Bahr and Shriner causes. Attire: Unless you're a city slicker or lowlander, you KNOW the attire; boot polish is optional. Adios until the 29th. Call the Office for the gaps in this issue in stemming from my memory bank, the only bank robbers don't hold up because they know it's empty!



Chaplain's Message - Abe Ravitch

A prayer for summer: Supreme architect of the universe, May you bless all living things withersoever dispered around the globe. May they all be blessed with a newness of life, a new reason for living and that they live in the now and look forward to the future. Whatever it may hold. Bless our country, our family and the less fortunate. Bless our military and first responders, may you keep them out of harms way and bring them home safely. In your name we pray, Amen

Legion of Honor

It looks like a good start on a fantastic summer, which is scheduled to begin this month. We are celebrating Flag Day on June 14, a time when we reflect on the foundations of our nation's freedom and to revere the symbol of our country's existence. This is also the month that President Eisenhower signed an order adding the words "under God" to the Pledge of Allegiance: June 14, 1954. With the help of our committed and enthusiastic officers and members, we have made great strides and had accomplished several activities so far. I encourage all of you to volunteer some time to our Legion of Honor. You'll meet interesting people, learn things about yourself and others, and maybe even be forced to improve your marching skills. Please refer to the May Albahrometer for the parade schedule. May God bless you and our wonderful Armed Forces.

Christopher C. Gunn, Commander

Assistant Rabban - Gene Yee

Summer arrives this month. With it is the feast day on June 24 of John the Baptist, a person important to us in Masonic tradition. The first Grand Lodge in England was formed on June 24, 1717. It appears fitting, as an old tradition has John the Baptist having been regarded as the patron saint of stonemasons in Europe during the Middle Ages. It is also known that the Fraternity of St. John the Baptist was the guild of masons and carpenters attached to Cologne Cathedral. So this month, we celebrate the 300th anniversary of Freemasonry from England. I know we each will spend a time in contemplation and thanks to our Brethren who came have come this way before. Our fellow Al Bahr Shriners have been busy in Club Shriners Las Californias. In late April, I attended the installation of officers in the Mexicali Club, and was privileged to install the officers on behalf of our Potentate. The three clubs in Tijuana, Ensenada, and Mexicali are planning events which they will coordinate and calendar with the Recorder. Stay tuned for information on their events which are open to all Al Bahr Shriners. As we contemplate the past, we also look to the future with a bright confidence that our efforts, as Shriners and Masons, will make a difference to our Brethren, the Shriners' Kids as we affectionately call them, and to our communities. His work on this Earth must truly be our own. Yours in the faith.



Sunshine Committee Report

In consideration of recently enacted Federal regulations, we are unable to provide full information on our ill and indisposed members. Please keep these nobles in your prayers. Should you wish to contact one of these members, please call the office for further information.

Andaya, Charlie	Evans, Jack	Kellog, H. Glenn	Schoen, Frank
Benson, James	Galligan, Gordon	Johnson, Doug	Smith, Sidney R.
Berman, Sheldon	Gordon, Ralph	Latham, Ernest	Thorpe, Lewis
Childress, Clyde	Hampton, Robert	Lipa, Joseph	Trapp, Ronald
Condon, Howard	Hodge, Carmi	Plastik, Herb	Tremblay, Frank
Crawford, Jim	Hoffmark, William	Rafferty, Alexander	Young, Wayne
Domingo, Bernardo	Huszar, Skip	Ramos, Roy B.	
Dudley, Kenneth	Kellner, Al	Rosemier, Dennis	

Please let us know of any other ill or indisposed members

In Memoriam



NAME	BORN	CREATED A SHRINER	ENTERED INTO REST
Allen Stovell	6/29/26	6/23/56	4/7/17
Raymond Crouse	7/21/37	12/4/93	4/13/17
Terran Boyd	11/11/40	12/9/72	4/13/17
Richard Bechtel	1/17/23	12/2/89	4/18/17
Ben E. Anderson	8/14/32	12/11/71	4/16/17
Sheldon Berman	11/21/42	11/21/00	4/24/17
Ed Backes	9/3/31	6/23/79	5/5/17

Condolences to Harold Luce on the passing of his Lady Joan

We acknowledge the passing of Jack H. Jones, Imperial Recorder and Past Imperial Potentate of Shriners International.

Donations and Remembrances from our Members and Friends

Shrine Hospital Transportation Fund Donations

Barbara & Lou Hahn, PP
Past Masters Shrine Club

John Gowen
San Diego Scottish Rite

In Memory of Bill Kopenhaver:

Barbara & Lou Hahn, PP
Niki Kopenhaver
Alice Benker
Marvin & Bobbie Holmberg
Vera Plain
Connie Gentle

Heath & Norman Rentle, PP
Karen Rogers Clark
Thomas & Pamela Demo
Ann & Olen Woods, PP
Phyllis Grubb

In Memory of Terry Boyd:

James & Shirley Crawford
RV Club

In Memory of David Schulz:

RV Club

In Memory Megan George Fisher:

Barbara & Lou Hahn, PP

In Memory of Katherine McCarron:

Al Bahr Honored Ladies

In Memory of Joan Luce:

Jim & Shirley Crawford

Shriners Hospital for Children's Donations

William Magnum

In Memory of Megan George Fisher:

Mike & Donna George
Timothy & Pamela Kantrud
Kenneth & Marilyn Licht
Robert & Irene Cannon
Sharon Coleman

Steve & Deborah Sorahan
Lee & Margo Tech
Stephen & Susan Morris
Don & Laurie Fisher

Pillar of the Temple Donations

Wilcox Estate
Fred Meinken Estate

General Fund Donations

Past Masters Shrine Club

Chief Rabban - Oscar O. Cañedo

Hello Everyone. I hope you and your family members are in good health. It is hard to believe that we are in June already. On Tuesday, June 6 we will be celebrating Shriners International Awareness Day. We have had so many great activities these past few months, and I want to thank you for your continued support of Al Bahr Shrine and Shriners Hospitals for Children. And speaking of Shriners Hospitals, I continue to hear nothing but positive praises from those that attended the dedication of our new Shriners Medical Center in Pasadena. We have had many activities in May. Our Potentate's Brunch celebrated our Charter date from 1913. Another important event held was our Spring Ceremonial honoring Noble Gene Gillard.

Saludos a todos. Espero que ustedes y sus familias estén bien. No parece pero ya estamos en el mes de Junio. Hemos tenido tantas grandes actividades estos últimos meses y les quiero dar las gracias por su apoyo de Al Bahr y de Los Hospitales Shriners para Niños. Hasta esta fecha, se siguen oyendo comentarios positivos de la dedicación del Centro Médico Shriners para Niños en Pasadena, CA que tomó lugar el 13 de abril. En el mes de Mayo, celebramos el Aniversario de Al Bahr Shrine (104 Años) y la Ceremonia de la Primavera honrando al Noble Gene Gillard.

Recorder - John Harris

During the Recorders conference this year the question was asked "What is in your entry that says what you are, what you do, who you are?". We have a lot of memorabilia in our foyer. It all screams who we are...kind of. Yes, we are Shriner's but, in this day and age, most people that come in to our building still ask questions about Shriner's. The same questions posed at the Recorders conference. To help with this and put our best foot forward in this digital age, we have had a 50-inch flat screen and accessories donated. This has been mounted above the office window in the foyer and is set to play videos that include Shriners International commercials, Shriners Hospital commercials, Infomercials about what being a Shriner is all about, as well as our upcoming events. We will be running this when we have tenants in the building and when we have functions as well. Stop in and see how it all works and how we can now answer all those questions when you enter our building and build on the branding that Shriner's International is building with us. You can email us at office@albahrshrine.org, call us at 858-292-0092, and even send us a fax at 858-292-5618. If you would like to send a private note to the recorder you can do that at recorder@albahrshrine.org.

LOSNA, Shaaru Court #37:

High Priestess, Lady Dawn Reamey and seven other members, including Grand Officer, Lady Linda Figler returned from Grand Council in Sandusky, Ohio. A wonderful time was had by Ladies who attended meeting with old friends and meeting new ones. Wish everyone a happy summer and stay safe.

Jeanne Cohen, PHP
Sharon Pennington

Director's Staff

By the time you receive this there will have been many activities. The Potentates Brunch, The Spring Class, Valley Center Parade and the 1st Ladies Lunch. I'm sure there will be something else to fill in the spare time. Oh, I forgot the Directors Staff Stated meeting I know it has been a busy month and I hope everyone can make as many of these events as possible. Congratulations are in order to John Ford for his reception of his 50 year pin in Masonry. That is a very special achievement not easily achieved. I'm still looking at other Units and Clubs for any construction projects that you might need accomplished for your next function. We've had our first project request from the Potentate so don't let your group be out done by him contact me and get your groups project on the list and we'll be happy to assist. Our Thursday Burger cook out is in full swing. It's good to see Bob Stuckey, Steve Bumgarner, and James Glunt with the close oversight of Eddie at it again. It looks like the attendance to the Thursday affair has increased pretty soon we'll have a cast of thousands which is a good thing. So, come by and enjoy a burger and some comradery.

Bruce Smith

Directors Staff President
(619)840-1943

Best Hamburgers served every Thursday 11:00 am to 12:00 pm

For your planning purposes, please take notice that the July/August issue of the Al Bahr O Meter will be a combined issue. Publication date is expected to be in mid July.



SPECIAL MEETING NOTICE



A special meeting of Al Bahr Shrine is being called to act upon the proposed bylaw change, which was submitted at the stated meeting of April 21, 2017, to increase the dues for Al Bahr Shriners by \$25.

Article 5, Section 5.2 which now reads: Dues. The annual dues are \$80. This does not include the hospital levy or per capita tax required by the bylaws of the Shriners International, each of which shall be added to the annual dues.

The proposed change to Article 5, Section 5.2 would then read: The annual dues are \$105. This does not include the hospital levy or per capita tax required by the bylaws of the Shriners International, each of which shall be added to the annual dues.

The meeting will be held on Monday, June 12, 2017 at the Al Bahr Shrine Center, 5440 Kearny Mesa Road, San Diego, California and begin at 7:00pm A 2017 dues card is required for admission.

Fraternally,
Larry Parker, Potentate

Attest:
John Harris, Recorder

Tin Lizzies

Aooooogah! We have a couple new lizzies in the shed for sale. If you're interested in joining they are very nice lizzies that need a driver. If you are interested in being in one of the most front facing Shrine Units the Lizzies are for you. We have a great time driving our little cars and showing off the Fez. The crowds always love us and there is not a kid that does not want one of our little cars! Again, we have cars available that just need some drivers! Talk to me or any Lizzie about joining today! We have a Lakeside at the end of April, let's go parade and make 'em smile!

Remember, it's all for the kids.

John Harris, john@hamsalad.net 858.245.9696

Greeters

The Greeters Unit of Al Bahr Shrine was formed in 1943 with the expressed purpose of being there to welcome members, ladies and guests at the various temple functions and to set them at ease by making them feel welcome and needed.

For all of these many years, the Greeters have performed these duties with dedication and respect of our original purpose. If you are interested is becoming a member of this long standing Unit, we encourage you to attend our next monthly meeting on June 6th at the Al Bahr Shrine Center Shed. For our current Greeter members, we need your participation and input. Please contact me for further information on the meeting at 619-888-6453 or randallml@aol.com

Mike Randall, Secretary

Past Masters

The club will be participating in the La Mesa Flag Day parade on June 3rd. If you a Past Master or a sitting Master of your lodge, we fraternally invite you to become a member of the Al Bahr Shrine Past Masters. The purpose of the Club is to assist our local Lodges in the conferral of degrees and to promote the Shrine. Please do not hesitate to contact one of the Club members if you are interested.



August 19., 2017
Getty Museum in Los Angeles
\$25 per person

A Charter Bus will be leaving from the Shrine Center at 8am

There is a restaurant in the Museum complex
Please contact Hal Scott • 4892 Mt. Bigelow Drive • San Diego, CA 92111

Fare is due and payable no later than July 31, 2017
Please make check payable to Sons of the Desert Shrine Club
and mail to Hal Scott at the above address



Peace Officers Shrine Club Annual Spaghetti Dinner & Bake Sale

Saturday, June 17th
5:00pm to 7:00pm
Al Bahr Shrine Center
\$10 per person - all invited

Shriners Hospitals

The new Shriners Medical Center in Pasadena was dedicated in April with a near capacity crowd of over 800 in attendance. This new facility is part of the Shriners Hospitals for Children, the world renowned 22 location health care system, which specializes in pediatric specialty care, innovative research and outstanding teaching programs for medical professionals. The new medical center is located in Pasadena, adjacent to Huntington Hospital and is the start of a new collaboration between the two medical facilities. The medical center occupies 74,800 square feet on two acres and will have two ambulatory surgery rooms, six PACU suites, 20 outpatient examination rooms, three fitting rooms for prosthetic and orthotics, as well as on-site radiology, child life, pharmacy and care coordination departments. The new center has been created to meet the rigorous demands of the rapidly changing health care industry and the need for specialized services.

This new facility will allow the Shriners to continue with their more than 65 years of service to the children in the southwest and northern Mexico. An accomplishment we can all be proud of!

FOR INFORMATION ABOUT
SUPPORTING SHRINERS
HOSPITALS CALL
1-800-GIFT OR VISIT
WWW.SHRINERSHQ.ORG



Residential Homes
Multi-Unit
Commercial Properties
Investment Real Estate
Rehab or Land

W. Jay Sener IV
REALTOR®



Buying or Selling?
Know someone who is?

Call Jay Today
619-846-1050

Jay@ListWithJay.com
ListWithJay.com

W. Jay Sener IV - CA BRE #01348989



Rancho Bernardo Shrine Club

The Club will hold its June social/dinner on Thursday, June 15th at the Athens Cafe and Marketplace on Carmel Mountain Road. All Nobles all Ladies are invited to attend. Social 5:30, dinner 6:15. Please contact secretary Phil Johnson, 619/884-5440 for additional information.

Norman Rentle, President

Daughters of the Nile Mecca Temple No. 34

When this issue of the Al Bahr o Meter is published in June, we'll be in full swing with activities. Members are packing suitcases in preparation for the trip to Supreme Session to be held this year June 11-16 in Niagara Falls, NY.

Regular session events are as follows:

- June 5 Luncheon at 11, Session at 12, Scottish Rite
- June 6 Patrol Meeting, 10:30, Unity Lodge
- June 7 Dancers & Pageantry meeting, 10:00
- June 11-16 **Supreme Session in Niagara Falls, NY**
- June 12 SD Sewing, Chorus Meeting, 10:00 Unity Lodge

There are still many spaces to be filled for our days at the SD County Fair.

This is our big fundraiser, so let's all participate. The Beer Festival, June 16-18th and the Wine Festival June 10th are especially fun to work at. Bring relatives, friends and neighbors (21+ in age)!! Call Judi Kessler at 858-442-0215 (cell) or fill her business phone (858-435-0726) with messages and she will return your call. Or call Beverly Youngblood at 760-212-6651.

Planning ahead:

- July 17 Dancers and Pageantry Taco Salad Fundraiser, 11am - 1pm, Unity Lodge

Antique & Classic Car Club

Club members continue to meet every Thursday at the Shrine shed from 9 AM until 11:30. Please stop on by to see what is going on. We are planning for a fund raising event in the last quarter of the year. Details are now being formulated and we will let everyone know well ahead of time.

Robert Seybold, President

Help Our Membership Grow

shrinersinternational.org
Check out this brand new site!

beashrinernow.com
Learn what Shriners do.

shrinersvillage.com
A private Web Community for Shriners.

For more info go to:
www.shrinersvillage.com/Membership/VirtualMentor.aspx



Samaritan Drivers

Last month was one full of surprise's. There I was one day sitting peacefully in line at Jack In The Box awaiting my fine mexican dinner of two tacos to be prepared when my phone rang. After answering it and picking myself up from driveway I was able to crawl back into my car to continue the conversation. Somehow our illustrious one had deemed me as a fit candidate to have the Spring Ceremonial to be dedicated in my honor. Never ever have I thought of myself as being a likely recipient of such a great honor as this !!! Thank you Illustrious Larry for thinking so highly of me.

Due to the transitioning period from our hospital in Los Angeles to our new state of the art medical center in Pasadena May was a very quiet month for the road warriors. There were several days we did not make any trips because there were no kids to take to Los Angeles. There is a planned shut down time of approximately 18 days to complete moving files, equipment and so forth from one place to the other. During this time any and all staff members must complete a one day certification course. Upon completion they will be issued a new identification card. Our old ones will not work with the new security system.

In the month of April 15 of The Samaritan's transported 41 children donating 358 hours driving time. While doing this a total of 5,145 miles were put on the vans. There were only 16 days that these trips were made and only 8 trips were made. We sent 12 patients via commercial vans taking \$360 out of our Transportation Fund. Keep in mind that we also supply our kids rides to the Sacramento Hospital. Between all these factors our monthly bill is well over \$1100. This does not include the price of gas or vehicle upkeep. Just the price of fuel alone is about \$63.00 per van per trip. I'll let you do the math.

Until next month be safe and drive defensively always watching out for the other guy.

Gene Gillard, President.

Al Bahr Honored Ladies

The next meeting of the Honored Ladies of Al Bahr Shrine will be Saturday June 10th. Come at 9:30 to socialize and enjoy snacks furnished by this month's gracious volunteers. Browse the book table to find a great bargain for a summertime read. The meeting then starts at 10:00. All are welcome to stay and play dominoes after the meeting. Several Honored Ladies had a fun time attending the First Lady's Luncheon, honoring our dear Jayne Parker, the Potentate's Lady. Our Game Day is the fourth Thursday of each month also at the Shrine Center. This month it falls on June 22nd and is from 10:00 am to 2:00 pm. Bring a sandwich or purchase a delicious freshly grilled hamburger prepared by the Director's Staff. Hope to see you at the Honored Ladies meeting June 10th and at Game Day June 22nd! Have a happy, safe Summer!

Alice Mansfield, scribe



As of July 1, 2107 Al Bahr will be charging a \$3 per transaction convenience fee for those using credit card as a method of payment.

This fee does not apply to those who pay by check or cash.

John Harris, Recorder

For all the latest and most up to date information, refer to the website www.albahrshrine.org. This site includes the online Shrine calendar.

**Al Bahr Shrine thanks all of our
advertisers for supporting us!
Please support them!**

Dependable Caregivers

Assisted living at home
Licensed, insured and bonded
Call for a free assessment

Adrienne Beck – Owner
619-421-1022
www.dependablecaregiver.com

KEITH A. VANCE

Certified Public Accountant

(619) 427-7774 215 Church Avenue
(619) 427-7878 Fax Chula Vista, CA 91910



Toll Free 1-888-320-3881
www.unicornjewelry.com

16781 Bernardo Ctr. Dr. 11865 Carmel Mtn. Rd. #1101
Rancho Bernardo, CA 92128 San Diego, CA 92128
858 487-6454 • 858 487-1164 (858) 592-0155

El Dorado Properties, Inc.

Residential, Commercial, Property Sale, Management
5939 A Mission Gorge Rd • San Diego, CA 92120
619.283.5557 • eldpinc@eldpinc.com

Daniel R. Smith, Broker
David S. Smith, Broker
Danielle Smith, Agent

State of California License # 00635357 • Full Real Estate Accounting Service Available



George Acuna

187 Hillcrest Ln.
Ramona, Ca 92065
CA Lic # 352974

Office: 858-486-2590
Cell: 619-972-8608
Fax: 760-788-9575
email:gacuna2@cox.net
www.acunas-polaraire.com

Solaris Contractors

Handyman Services

Electrical • Plumbing • Carpentry



Howard Freelove
619-942-2125
Lic# 942281



inner balance
INSTITUTE
Injury to Wellness

Kristen Tenwolde, DC
Doctor of Chiropractic

1764 San Diego Ave #140, San Diego, CA 92110

619.543.9999

dr.kristen@InnerBalanceInstitute.com



Now
Partnered
With



El Cajon
WE DESIGN, PRINT & PROMOTE...YOU!

**Same Friendly Faces
More Products to better serve you!**

(619) 588-2206 or (619) 460-1482
elcajon@minutemanpress.com info@fletcherhillsspringing.biz

GRAND RE-OPENING JUNE 2017:
2262 Fletcher Parkway, El Cajon • 9am-4:30pm, Monday-Friday

Al Bahr O Meter needs your support

Every month the Temple sends out nearly 1,800 issues. The publication and mail costs for 2016 was more than \$26,000. We are asking that you consider donating at least \$35 per year for our Dime A Day DAD program to help fund the Al Bahr O Meter. Your name will appear in our monthly Al Bahr O Meter and you will be assisting the Temple in continuing our publications.

Barbara Drummond . . . 5/16
Joseph Henderson . . . 6/16
Ruby Nyberg 7/16
Herbert Green 8/16
Katherine Green 8/16
Winnie Randolph 8/16
Dorothy Bennett 8/16
Vera Plain 8/16
Reynaldo Cruz 8/16
Charlie Andaya 9/16
Arlene Coady 9/16
Shirley Van Ess 10/16
Maebelle Haslim 10/16
Madeline Giardina . . . 11/16
Steve Shultz 11/16
Charlie Webb 11/16

Joan Webb 11/16
Ray Webb 11/16
Jean Ann Webb 11/16
Dr. Charles Pickett . . 11/16
John Ford 12/16
James Crawford 12/16
Alice Mansfield 12/16
Mary Schmid 12/16
Nancy Delfo 12/16
Bartolome Briones . . 12/16
Stephen & Karen Shultz . 1/17
Phil & Terry Johnson . . 1/17
Bill Romer 1/17
Jack Hendee 2/17
Carol Hendee 2/17
Bob Mars 2/17

Nancy Merritt 2/17
Richard Mansfield . . . 2/18
Ed Pangilinan 3/18
Richard Wolz 3/18
Linda Wolz 3/18
Chuck Walker 3/18
Robert Moffat 3/18
Stuart Morpeth 4/18
William Hoffmark 4/18
Jeannie Hoffmark 4/18
Betty J. Love 4/18
Ted Jarrard 5/18
Karon Jarrard 5/18
Eddie Camerino 6/18



Al Bahr Shrine Clowns

Accepting New Members No Experience Necessary
Come and join us and put a smile on the face of a child

Activities Include:

Shrine & Community Parades
Social Gatherings
Supporting Shriners Hospitals for Children

Contact Tex "Twister" Perry 760/402-5753

Solaris Contractors

Handyman Services

Electrical • Plumbing • Carpentry



Howard Freelove
619-942-2125
Lic# 942281



inner balance
INSTITUTE
Injury to Wellness

Kristen Tenwolde, DC
Doctor of Chiropractic

1764 San Diego Ave #140, San Diego, CA 92110

619.543.9999

dr.kristen@InnerBalanceInstitute.com

H & M Insurance

"Taking care of your Business & Personal Insurance needs"

Barry Herriott

801 Washington Street
San Diego, CA 92103

Ph: 619.296.0005 Fx: 619.296.0009
Barry@hminsurace.net Lic#: OF82768

The highest compliment our clients can give us are the referrals of their family and friends!



J. Demetrios Mellos, III
Attorney-at-Law
& Real Estate Broker

**Law Offices of
J. Demetrios Mellos III APC**
Estate Planning-Wills/Trusts/Probate
Business/Corporate - Real Estate

1901 First Avenue, Suite 300
San Diego, CA 92101-0311

Tel: (619) 696-3600, Ext. 1

Fax: (619) 696-7900

E-mail: jim@melloslaw.com

www.melloslaw.com



Visit our Websites at
 albahrshrine.org
 ShrinersVillage.com
 beashrinernow.com

AL BAHR SHRINE
 5440 Kearny Mesa Road
 San Diego, CA 92111-1303

Change Service Requested

Presorted Standard
 US POSTAGE
PAID
 San Diego, CA
 Permit No. 68

**DATED MATERIAL
 PLEASE RUSH**

*Unless otherwise stated,
 all proceeds from events
 and activities are for the
 benefit of Al Bahr Shrine,
 its Units and Clubs &
 are not deductible as a
 charitable donation*

ALCAAR center

DEADLINE FOR THE JULY/AUGUST ISSUE IS JUNE 20TH

**Mark your calendar now
 for a Real Hoe Down**

**Saturday, July 29th
 at the Shrine**

**Our Illustrious
 Larry Parker & Lady Jane**

are inviting you and as many cow-boys/
 cow-girls possible to attend his Country
 Western Night! So put on your shiny belt
 buckles, pull up your boots, and rock
 that Stetson down to Shrine for a little
 BBQ, Spirits, Country Western music,
 Line Dancing, and of course lots of fun!
 There might even be a little surprise.

**Tickets are \$20 per person
 are now on sale**

See Y'all there, pardner!!



Save The Date

*Champagne & Shoes
 Friendship Tea*

Date: Saturday August 26, 2017

Time: 11:30 AM

Place: Al Bahr Shrine Center

5440 Kearny Mesa Road

San Diego, Ca 92111

Telephone number 858-292-0092

11:30 AM- social,

tea savories & sweets, Prizes,

silent auction

Cost - \$25.00



Any questions?

Call Shirley Wierman - 619-561-4196

or cell number - 619-246-0633

Or e-mail - shirleywierman@cox.net

More information to follow



**Al Bahr Shrine
 of San Diego**

Invites you to our

First Lady's Luncheon

Honoring

Jayne Parker

Saturday, June 3, 2017

11:00 AM Social

Lunch and entertainment at 12:00 noon

\$25.00 per person

*RSVP before May 26, 2017 to
 the Shrine Office*

(Please advise if vegetarian is preferred)

Reservations after May 26 are \$30.00

858-292-0092

Dressy Luncheon Attire

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
June 2017				1 D. Staff Burgers	2	3 Drum & Bugle SM First Lady's Luncheon La Mesa Parade
4	5 Past Potentate's LM	6 Director's Staff SM	7	8 D. Staff Burgers	9	10 Honored Ladies
11	12 Special Meeting 7:00 pm	13	14 Golf Outing	15 Yacht Club SM Culican SM Rancho Bernardo DM D. Staff Burgers	16 Past Masters SM	17 Islander SM Peace Officers Spaghetti Dinner
18	19	20 Antique Cars SM	21 Peace Officers SM/DM	22 D Staff Burgers Honored Ladies	23	24 Legion of Honor
25	26	27 Bunco	28	29 D. Staff Burgers	30	31